DELIVERING BETTER ORAL HEALTH FOR OLDER ADULTS
Who will benefit from the e-learning?
Purpose of the e-learning

• Provide appropriate knowledge and practical skills for delivering prevention in oral care, which includes:

  ➢ The relationship between good oral health and healthy ageing
  ➢ The key processes required to maintain older adults oral health
  ➢ The role of the care providers
  ➢ To improve communication between the care provider and older adult
  ➢ Practical everyday management of oral health care
  ➢ When to refer to a dental professional
  ➢ What to document and report to the dental professional

Choose maximum 3 goals, the ones that are most relevant to you and in line with the purpose of your presentation.
Interactive programme

• Runtime of aprox. 60 min

• Use of case scenarios and animations/illustrations
Why do you think older adults are more at risk of poor oral health?

- Many medications that are prescribed for older adults (and other individuals) contribute to dry mouth
- People are now more likely to retain their natural teeth into old age
- The older generation place less importance on oral health
- Lack of dexterity and/or mobility in older adults can lead to inadequate daily oral hygiene routines
- Limited access to dental care facilities

Yes, that's right.

Simple but effective daily oral health routines and checks can prevent a person's oral health deteriorating. And if there is a serious problem, it can be quickly identified or referred for professional treatment.
E-learning content

- Demonstrates how to manage challenging behaviour

Managing Changed Behaviour: Further stages

- Refuses to open mouth
- Turns face away
- Bites toothbrush
- Grabs or hits out
- Walks away
- Spits

Select each image to find out what to look out for
E-learning structure

The Importance of Good Oral Health

- Introduction & Learning Outcomes
- Topic 1: Oral Health Assessment
- Topic 2: Daily Oral Hygiene
- Topic 3: Dental Referral
- Topic 4: Train the Trainer
Topic 1: Oral health assessment and planning

Topic 1: Oral Health Assessment and Planning

- Planning for oral assessments
- How to carry out an oral health assessment
- Communication tips
- Common oral health problems defined
Topic 2: Daily Oral Hygiene

In this topic we will demonstrate:

- How to devise optimal daily oral care regimes for individual older adults
- How to manage, educate and guide the care recipient in their own daily oral routines
Topic 3: Dental Referral

- How to make a referral
- What information you will need to exchange
- How to prepare for a domiciliary visit
- The issue of consent
Topic 4: Train the Trainer

- The role of the trainer
- How to improve care giving
- How to share knowledge and motivate other carers
Resources section

Programme summary

You have come to the end of this programme.

You can return to this programme at any point to refresh your knowledge, and please make use of resources to get you on your way to managing and improving the oral health of those in your care.

Resources

- Actions for oral care
- Follow-up multidisciplinary residents meeting
- Individual oral health care plan
- Materials list
- Oral health assessment form
- Oral hygiene evaluation form
- Referral form
- Common oral conditions
How this e-learning can help you

This programme will allow you to:
• Better understand the needs of your care recipient
• Improve your skills for better care delivery

This programme will benefit older adults:
• By receiving a better oral health care
• By improving their oral and general health

This programme aims to improve your relationship with your care recipient:
• Through an improved knowledge
• By understanding how to deal with challenging situations
Click on the picture to access the e-learning

Delivering Better Oral Health for Older Adults

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